

**Spring 2025 Yoga Registration Form — One form per person please**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
Phone \_\_\_\_\_  
Email \_\_\_\_\_

**Spring Yoga at Maywood: March Session**

Wednesdays, March 12, 19, and 26

5:30-6:30 pm

Early bird registration fee: \$30 by Wednesday, February 26; \$36 after February 26

Registration deadline Wednesday, March 5

**Spring Yoga at Maywood: April Session**

Wednesdays, April 2, 9, 23, and 30

5:30-6:30 pm

Early bird registration fee: \$40 by Friday, March 19; \$48 after March 19

Registration deadline Wednesday, March 26

**Spring Yoga at Maywood: May Session**

Wednesdays, May 7, 14, and 21

5:30-6:30 pm

Early bird registration fee: \$30 by Wednesday, April 23; \$36 after April 23

Registration deadline Wednesday, April 30

**Amount Enclosed \$** \_\_\_\_\_

Cash or check payable to Maywood

Participants will be asked to sign a waiver and provide an emergency contact at the first class they attend during the calendar year.

Return form and payment to:

Maywood, Attn: Yoga, 3615 Mueller Road, Sheboygan, WI 53083

**Spring 2025 Yoga Classes at Maywood**

Celebrate the awakening of the earth and the continued lengthening of days in spring by coming together as community to connect with the self and others. While most of the yoga practice will be held indoors, each class will offer an opportunity to connect with nature and notice the changes each week as the park transitions from winter to spring.

Participants should bring a yoga mat, two blocks, a yoga strap, and a blanket to each class.

**March Session**

Wednesdays, March 12, 19, and 26

5:30-6:30 pm

Early bird registration fee: \$30 by Wednesday, February 26; \$36 after February 26

Registration deadline Wednesday, March 5

**April Session**

Wednesdays, April 2, 9, 23, and 30

5:30-6:30 pm

Early bird registration fee: \$40 by Friday, March 19; \$48 after March 19

Registration deadline Wednesday, March 26

**May Session**

Wednesdays, May 7, 14, and 21

5:30-6:30 pm

Early bird registration fee: \$30 by Wednesday, April 23; \$36 after April 23

Registration deadline Wednesday, April 30

### **About the Instructor**

Barbara Holt is a registered yoga teacher with Yoga Alliance (RYT-200) with over a decade of experience teaching yoga and meditation in a variety of settings. Barbara is an iRest Level 2 teacher.

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### **What to Bring to Class**

**Yoga at Maywood Classes:** Participants should bring a yoga mat, two blocks, a strap, and a blanket.

### **Class Cancellation Make-up Dates and Refunds**

In the event of class cancellation, a make-up date will be set by the instructor or class fees will be refunded. Make-up date is scheduled based on classroom and instructor availability. Class fees are non-refundable but may be transferred to another individual if Maywood is notified prior to the registration deadline listed in this brochure. Refunds are not offered for missed or skipped classes. No proration of fees for late registrants.

Class cancellations are posted on our events calendar at [GoMaywood.org](http://GoMaywood.org) and on our Facebook page. We will do our best to notify participants who have pre-registered using the email or phone number provided at registration.

### **Class Confirmations**

For classes with a minimum number of participants, we will send a confirmation email once the minimum is met. If the minimum number of participants is not met, refunds will be issued via check to those already registered.



**With instructor Barbara Holt**



3615 Mueller Road, Sheboygan, WI 53083  
(920) 459-3906  
[maywood@sheboyganwi.gov](mailto:maywood@sheboyganwi.gov)  
[www.GoMaywood.org](http://www.GoMaywood.org)

Scan QR Code for online registration links

