



Holiday Yoga

Holiday Yoga 2024 Wednesday, December 4 (weather make-up date is December 11)
5:30-7pm

Free to participants who participated in a 2024 Maywood yoga class; \$15 general public
Registration Deadline: Wednesday, November 6



Being present is the present. Allow yourself to be guided through a gentle yoga practice, followed by a yoga nidra meditation. Please bring a bed pillow, two blankets, eye covering (like a washcloth), strap, and two blocks.

Holiday Yoga 2024 Registration Form – One per person please

Name _____

Address _____

City _____ ST _____ Zip _____

Phone (_____) _____

Email _____

- I participated in a 2024 Maywood Yoga Class
- I am paying the general public registration fee of \$15

Amount Enclosed \$ _____

Return form and payment (if needed) to: Maywood, 3615 Mueller Road, Sheboygan, WI 53083

We currently accept cash or check payments for mailed and in-person registrations.
To register online, please scan the QR code above.

Office use: Date recd _____ Amt Recd _____ Entered in RSU _____ Entered in MT _____