

# Spring 2024

## Programs & Events



Maywood  
3615 Mueller Road, Sheboygan, WI 53083  
(920) 459-3906 \* [maywood@sheboyganwi.gov](mailto:maywood@sheboyganwi.gov)  
[www.GoMaywood.org](http://www.GoMaywood.org)

ICON KEY – use these icons as a quick reference for programs	
✓	Program has a registration form or requires pre-registration
♿	Program is accessible (indoors, on flat outdoor terrain, etc.). Call for specifics
☀	Program is weather dependent
★	Program is child and/or family friendly

To register for a program, please call (920) 459-3906 or email [maywood@sheboyganwi.gov](mailto:maywood@sheboyganwi.gov)  
For online registration links and printable forms visit <https://gomaywood.org/programs/registration-forms/>  
**The Ecology Center is closed March 29-31 and May 25-27**

**Weather Cancellations:** Cancellations will be posted to our website calendar and Facebook as soon as possible. Whenever possible we will email registered participants. Please provide your email and/or phone number when registering for a program.

### MARCH 2024

#### Embrace the Chill: A Guided Winter Night Hike with Better Life

##### Chiropractic and Wellness ✓

Tuesday, March 5

6:30-8 pm

Free program, pre-registration appreciated

Online registration link: <https://forms.gle/ksmEvrLibPU4UgVw5>

Led by Maywood's Park Director and sponsored by Better Life Chiropractic and Wellness, this unique event will combine the physical and mental benefits of hiking with insightful wellness tips and practices to enhance your overall well-being. Upon completing our hike, we'll gather for a warm beverage and engaging discussion, where Better Life Chiropractic and Wellness will offer insights on incorporating wellness practices into your daily routine.

#### 2024 Crane Count Training

Tuesday, March 5

6:30-7:30 pm

Free, drop-in program

Getting up early is for the birds...especially on Saturday, April 13, the date set for the Annual Midwest Crane Count, sponsored by the International Crane Foundation (ICF). If you are interested in being outdoors at the crack of dawn until 7:30 a.m. to experience the wonders nature has to offer in early Spring, this Count is for you. Learn more about being a counter by visiting ICF's website at [www.cranecount.org](http://www.cranecount.org). To learn more about helping ICF track the Eastern population of Greater Sandhill Cranes as they return to their breeding grounds in the Midwest, come to this organizational meeting!

#### Nature at Noon ♿

Tuesday, March 12

Noon-1 pm

Free program, donations appreciated

Master Naturalists and Sheboygan County Crane Count Coordinators Andy and Janet Raddatz present "Cranes of Wisconsin." Learn about these remarkable birds and the ongoing conservation efforts to protect them and their habitats. Bring your lunch to enjoy during the program. Coffee, tea, water, and a dessert are provided.

#### 35th Annual Flapjack Day ♿ ★

Sunday, March 17

9:30 am-1:00 pm

Advanced tickets through March 7: \$9 for ages 12 and up

Tickets after March 7: \$10 for ages 12 and up

\$5 ages 3-11

Kids 2 and under eat free

Breakfast served 9:30 am-12:30 pm; Activities 9:30 am-1 pm

Celebrate maple sugaring season at Maywood! Join us for a pancake breakfast featuring Maywood's own maple syrup along with games and activities. Proceeds benefit educational and maple sugaring programs at Maywood. Event details at <https://gomaywood.org/events/flapjack-day/>

### APRIL 2024

#### Maywood Nature-based Book Club ✓ ♿

Join Maywood's nature-based book club, in partnership with Mead Public Library, for lively discussion and camaraderie from 10-11 a.m. at Mead Public Library. Pre-registration is required. For more information view the full program listing at [GoMaywood.org](http://GoMaywood.org).

April 6 - *A Walk in the Woods* by Bill Bryson

May 4 - *Prodigal Summer* by Barbara Kingsolver

June 1 - *Into the Wild* by Jon Krakauer

## Support Maywood This Spring

**Native Plant Sale**  
Spruce up your yard with native plants and support Maywood. Order through May 4. Pick-up May 11 at Maywood.

**Spring Family Portrait Mini-Sessions**  
Nature is the backdrop for these beautiful photo sessions. Booking begins March 19 at 10am.

**Spring Membership Special**  
Become a member in March, April or May and receive membership benefits through June 30, 2025.

For additional information visit  
[GoMaywood.org](http://GoMaywood.org)

#### Embrace the Trails with Confidence: Half-Day Workshop to Enhance

##### Balance and Stability for Hikers ✓

Saturday, April 6

9 am-noon

Free program, Pre-registration appreciated

Online registration link: <https://forms.gle/dvFrJTfYuvdCJiG39>

Whether you're an avid hiker or just starting out, maintaining balance and stability on uneven terrain is crucial for an enjoyable and safe outdoor experience. The avid hikers and outdoor enthusiasts at Better Life Chiropractic and Wellness will be teaching this comprehensive, half-day workshop to help you gain confidence, stability, balance, and ultimately have more fun on the trails!

#### Nature at Noon ♿

Tuesday, April 9

Noon-1 pm

Free program, donations appreciated

Jim VanAkkeren, Chairperson of the Sustainable Sheboygan Task Force, presents, "Sustainability: A Nice Word for a Difficult Subject." Jim will address deep, complex issues and review the meaning of and need for sustainability, along with actions to take. Bring your lunch to enjoy during the program. Coffee, tea, water, and a dessert are provided.

#### Adopt-a-Habitat Training

Saturday, April 13 at 9:30 am OR Wednesday, April 17 at 5:30 pm

Free

Join staff member Nathan Dallesasse to learn about Maywood's Adopt-A-Habitat program. This summer-long volunteer opportunity allows you to become a Maywood Land Steward. Learn which areas of the park we will be focused on and how you can contribute to protecting and restoring habitats at Maywood.

#### Scoping the Skies ♿ ☀ ★

Saturday, April 13

8:30-10:30 pm

Free, drop-in program

Join members of the Sheboygan Astronomical Society in viewing the night sky during Spring Astronomy Day! Bring your own binoculars and telescopes or view with scopes provided by the club. Program meets in the Maywood parking lot and parking lot lights will be turned off for optimal viewing. The Ecology Center is not open during this program. Port-a-potty is available. Cloudy skies will cancel this event.

## Earth Day Park Clean Up ✓ ★

**Saturday, April 20**

**10-noon**

**Free, Pre-registration required**

We will meet in front of the Ecology Center to get all supplies needed for a Spring cleaning! Get assigned a section of the park and head on out for trash collection and monitoring. All equipment will be provided. Volunteers under 18 must have a waiver signed by a parent or legal guardian before participating. Volunteers under 16 must be accompanied by a supervising adult. Please dress for the weather, bring a water bottle, and wear footwear that can get muddy.

## Saturday Morning Bird Walks ☀

**Saturdays, April 20, 27; May 4, 11, 18, 25**

**7:30 am**

**Free program, donations appreciated**

**Drop-in program**

Join enthusiastic Maywood birders in identifying resident and migrating birds at Maywood. Bring binoculars and field guides. Please dress for the weather, and bring a water bottle, and wear footwear that can get muddy. Meet at the stone circle at the front of the Ecology Center. Port-a-potty is available. Ecology Center opens at 9 am (center closed May 25).

## 41<sup>st</sup> Association Annual Meeting ♿

**Wednesday, April 24**

**6:30 pm**

Members of the Ellwood H. May Environmental Park Association and the public are invited to join us for our Annual Meeting. The business portion of the meeting will include a review of 2023 activities and elections of board members. Following the meeting we will have the presentation of the 2024 President's Award and a program on the SNAP! Trail Camera program by Karen Merlau. Light refreshments will be served.

## Arbor Day Tree Planting ✓ ★

**Saturday, April 27**

**10 am-noon**

**Free, Pre-registration required**

Commemorate Arbor Day as we plant trees in the park. We will meet in front of the Ecology Center for instruction and supplies, then head out to areas in the park for planting. All equipment will be provided. Volunteers under 18 must have a waiver signed by a parent or legal guardian before participating. Volunteers under 16 must be accompanied by a supervising adult. Pre-registration is required. Please dress for the weather and bring a water bottle and footwear that can get muddy.

## Team Maywood Informational Meeting

**Monday, April 29**

**5:30 pm**

**Free**

Join us for this informational session where you will learn about the Team Maywood program and how you can improve your cycling skills in a supportive group cycling environment. Meet the program coordinators and volunteer trainers and have your questions about the program answered. Program registration will be available that evening as well.

## **MAY 2024**

### Team Maywood Rides ✓

**Mondays May 6-August 26**

**5:30 pm**

For program details visit <https://gomaywood.org/programs/teammaywood/>

## Scoping the Skies ♿ ☀ ★

**Saturday, May 11**

**9-11 pm**

**Free, drop-in program**

Join members of Sheboygan Astronomical Society in viewing the spring night sky. Bring your own binoculars and telescopes or use scopes provided by the club. Program meets in the Maywood parking lot and parking lot lights will be turned off for optimal viewing. The Ecology Center is not open during this program. Port-a-potty is available. Cloudy skies will cancel this event.

## Nature at Noon ♿

**Tuesday, May 14**

**Noon-1 pm**

**Free program, donations appreciated**

Topic TBA. Bring your lunch to enjoy during the program. Coffee, tea, water, and a dessert are provided.

## 12th Annual "Language of Nature" Poetry Reading and Discussion ♿

**Saturday, May 18**

**10 am-noon**

**Free program, \$1 donation at the door for printed materials appreciated**  
Maryann Hurtt, Georgia Ressemeyer, and Marilyn Zelke-Windau will read from their own poetry; you are encouraged to bring one or two nature poems written by you or favorites by others to read and discuss. Join us for free coffee, tea, snacks, beautiful views, and low-key, amiable conversation. After the program, tours of the park will be offered, weather permitting.

## Spring OWLS (Older, Wiser, Livelier Scholars) Sessions ✓

All sessions run 10am-noon. Pre-registration is required. Registration deadline is the Thursday before each program. Participants should be prepared for indoor and outdoor activities. Dress for the weather and trail conditions. Bring a water bottle. For a full program description visit our events calendar at [GoMaywood.org](http://GoMaywood.org)

**Program fee:** Free to Maywood Members/\$5 non-members

**Friday, March 1 - Maple Sugaring at Maywood:** Learn the process from sap to syrup and enjoy a taste of the end product.

**Friday, March 8 - OFFSITE: Onion River Restoration Site:** Join Lakeshore Trout Unlimited Board members Larry Doeber and Al Wertz on a walking tour of this Class 1 trout stream habitat restoration success story.

**Friday, March 22 - Ojibwe Language and History at Maywood:** Learn greetings, animal names, traditional Ojibwe stories, and more.

**Friday, April 5 - OFFSITE: Kamrath Creek:** Experience the magic of Kamrath Creek Forest and Fen State Natural Area in the springtime.

**Friday, April 12 - Birding at Maywood:** We will practice basic birding skills and record as many species as we can find at the park.

**Friday, April 19 - OFFSITE: Camp Riverside:** This 60-acre site boasts thousands of spring flowers of many different varieties.

**Friday, April 26 - Arbor Day at Maywood:** Commemorate Arbor Day as we plant trees in the park.

**Friday, May 3 - OFFSITE: Kohler Andrae State Park:** Long-time Friends of Kohler-Andrae President Jim Mohr shares the history of Kohler-Andrae State Park.

**Friday, May 10 - Spring Wildflowers at Maywood:** Identify colorful spring blooms throughout the park.

**Friday, May 17 - OFFSITE: Indian Mound Park:** Maywood Board Member Eleanor Jung and Lulu Lubbers share the history of the effigy mound builders and the park, followed by a walking tour of this sacred site.

**Friday, May 31 - OFFSITE: Bur Oak:** Meet at Maywood, then caravan about a mile to the treasured Bur Oak Preserve.

## Yoga Classes at Maywood

Instructor: Barbara Holt

For program descriptions visit [gomaywood.org/programs/registration-forms/](http://gomaywood.org/programs/registration-forms/)

### Spring Yoga at Maywood ✓

**Wednesdays, March 20 and 27, April 3, 10, 17, and 24**

**5:30-6:30 pm**

**\$60 if registered by February 29; \$72 if registering after February 29**

Registration deadline: Monday, March 11

### iRest® Yoga Nidra Meditation ✓ ♿

**Mondays, March 25, April 22, and May 20**

**5:15-6 pm**

**\$30 for the series; \$12/class drop-in as space allows**

Registration deadline for series: Friday, March 15

### Deepening Your Personal Practice ✓

**Wednesday, May 1**

**5:30-6:45 pm**

**\$12 if registered by April 3; \$15 if registering after April 3**

Registration deadline: Wednesday, April 17

### Yoga at Maywood – Yoga for Campers and Hikers ✓

**Wednesdays, May 22 5:30-6:30 pm and May 29 5:30-7:30 pm**

**\$30/person, no drop-ins**

Registration deadline: Wednesday, May 1