

MARCH 2017

Maywood Shutterbugs ♿
Wednesdays, March 1, April 5 and May 3 at 7 pm.
Free, Walk-ins Welcome
 Ongoing program for those interested in improving their photo taking skills. Join Maywood nature photographer Al Fairfield and other photography enthusiasts for monthly meetings. The Shutterbug program is appropriate for all skill levels, high school age and older.

Frog/Toad Training ♿
Wednesday, March 8 at 7 pm.
Free program
 Learn the calls of Wisconsin frogs and toads and help monitor their populations. Becca Sher and David Kuckuk will describe how and why frogs and toads are monitored in Wisconsin, how we monitor in Sheboygan County, and the help needed by volunteers.

Yoga Sampler Sessions ✓
Poses for the Core: Wed, 3/15/17, 6-7 pm, \$10/person
Leg Stretches: Wed, 3/22/17, 6-7 pm, \$10/person
6-7pm
 Ever wonder how yoga can help your athletic performance? Come learn how yoga makes good athletes better. Athletes and cyclists will have a chance to sample one or both sessions in March with an opportunity to register for an 8-week session in April/May. **Pre-registration preferred by 3/13/17.** No minimum requirement for the group.

31st Annual Flapjack Day ♿ ★
Sunday, March 19
Pancake Breakfast 9:30 am-12:30 pm
Free Activities 10 am-1 pm
 Join us for some sweet activities and learn about Wisconsin's rich maple sugaring history. Enjoy an all-you-care-to-eat pancake breakfast. Tickets are \$5 in advance or \$6 at the door and include pancakes and a beverage. Sausages can be purchased at the event. Kids 4 and younger eat free. Participate in free activities including maple forest and sugar house tours, kids crafts, and more. Proceeds of this event support our Pond Improvement Project.



Team Maywood Informational Meeting ♿
Monday, March 27 at 6pm
Free program
 Join us for an informational meeting and learn about the Team Maywood distance cycling program. We will cover program basics and what to expect during the summer. Learn how this training program can teach you about group riding and help you increase your skills and endurance.

Lunch n Learn ♿ ★
Tuesday, March 28 at Noon
Donations appreciated
 Come learn about various bird and reptile species with LARRS - Lakeshore Avian and Reptile Rescue and Sanctuary, Inc. Presentation will include viewing several live animals and information about how to care for each of them. Bring a lunch to enjoy during the presentation. Maywood will provide coffee, tea, water and dessert. Pre-registration appreciated.

April 2017

I Heart Wisconsin River Trip ♿
Thursday, April 6 at 7pm
Donations Appreciated
 The I Heart Wisconsin trip was an 18-day paddle from the source of the Wisconsin River to the confluence with the Mississippi in October 2015. As a positive response to the state's budget cuts to natural resources, Ruth Oppedahl decided to use her vacation exploring our state from north to south and meeting with conservation groups and citizens along the way to learn how they help protect our lands, waters and wildlife. She discovered a beautiful, wild river and wonderful people along the way. You can see a map and read her online journal at <http://www.wisconservation.org/i-heart-wisconsin/>

Spring Birding Programs

Hawk & Migration Watch ♿ ★
Saturdays, March 4, 25, April 8, 22, May 6, 20 at 7:30-10:30 am.
Free
 Expert birder Seth Cutright will lead participants in viewing primarily from the Ecology Center South Deck, Instruction in identification techniques provided. Drop-in style program.

Bluebird Monitor Training ✓
Saturday, March 4 at 1:30pm
Free program
 Become a bluebird monitor for Maywood or learn how to attract bluebirds to your yard. Join Ellen Klusmeier and David Kuckuk as they go through the process of setting up a bluebird trail, monitoring the nest boxes, and documenting the results. Indoor/outdoor program.

Sheboygan Audubon Public Program ♿
Thursday, March 9 at 7 pm
Free program
 "Piping Plovers in Green Bay: A conservation success story." Tom Prestby tells the story of the remarkable return to Wisconsin of this endangered shorebird.

Sheboygan Audubon Public Program ♿
Thursday, April 13 at 7 pm
Free program
 "Colorful Colombia" Join Chris West as he takes us on an adventure in color through the beautiful birding world of Colombia.

Warbler Wednesdays ☀
Wednesday, May 3, 10, 17, 24, 31 at 8:00 am.
Free program
 Participate in Citizen Based Monitoring through these birding sessions along the Sheboygan River. Meet at Esslingen Park (just west of the Indiana Ave./Taylor Drive intersection). Bring binoculars and dress for the outdoors.

Audubon Bird Walks ☀ ★
Saturday, May 6 and 20 at 7:00am
Free program
 Join birding experts from Sheboygan County Audubon in identifying birds migrating into Maywood. The leisurely pace gives everyone a chance to learn about and see the bird species. Bring binoculars and a bird identification book, or borrow from Maywood.

Sheboygan Audubon Public Program ♿
Thursday, May 11 at 7 pm
Free program
 "Birding Optics 101" Our binoculars and scopes are our most crucial birding companions. Brush up on your optics knowledge and bring your optics questions with Nina Cheney, retired sales specialist at Eagle Optics.

International Migratory Bird Day Celebration
Saturday, May 13
7-10:30am: Birds – Up Close and Personal. ☀ ★
Free admission
 Join bird expert Bill Volkert as he explains migration, identification, and bird natural history while capturing and banding birds. A great opportunity to view birds up close.

1:30pm: Nicaragua: Birds and Bird Conservation ♿
Donations appreciated
 Expert birder, Bill Volkert explains the connection between Nicaragua and Wisconsin when it comes to migrating birds. Learn about this land of great natural diversity with over 700 species of birds.

ICON KEY – use these icons as a quick reference for programs	
✓	Program has a registration form or requires pre-registration
♿	Program is accessible (indoors, on flat outdoor terrain, etc.). Call for specifics.
☀	Program is weather dependent
★	Program is child and/or family friendly

O.W.L.S. Series

Fridays, April 7, 21, 28, and May 5 at 8:30 am

Donations appreciated, Walk-ins Welcome

This 4-part series of O.W.L.S. (Older, Wiser, Livelier, Seniors) focuses on phenology observations. Participants should bring a small notebook to record their weekly findings:

4/7: **Introduction to Phenology:** Observe & document natural events

4/21: **Lessons from Great Conservationists**

4/28: **Arbor Day:** Sheboygan's Tree City, USA 40th anniversary

5/5: **The Magic that Birds Bring to Spring**

Canoes as a Lifetime Investment ♿

Saturday, April 8 at 1:30

Donations appreciated

A canoe can provide a lifetime of fun as a quiet and scenic way to explore nature. Canoe enthusiast Al Fairfield will discuss choosing the right canoe and share his experiences of great destinations, tips and tricks for using your canoe, and things you can do to make your canoe more versatile.

Nature as Healer: Partnering with the Natural World to Support Your

Emotional Self-Care and Spiritual Growth ✓ ♿

Tuesday, April 11 at 7 pm.

Donations Appreciated

An emerging body of behavioral science research demonstrates the power of nature interaction to enhance emotional self-care for those facing both mental and physical challenges. In this interactive presentation, Philip Chard, a thought leader in the field of applied eco-psychology and author of two books on this subject, will illustrate specific ways to collaborate with the natural world in growing emotional resilience, mindfulness, mental wellbeing and spiritual engagement. **Pre-registration required by calling the SCCCF Office at 920-457-2223.** Sponsored by the Sheboygan County Cancer Care Fund.

Yoga for Athletes and Cyclists ✓

Wednesdays April 12, 19, 26, May 3, 10, 17, 24 and 31

6-7:15 pm

Early bird registration by April 5 \$80; Registration after April 5 \$96

Join registered yoga teacher Barbara Kultgen (RYT 200) for a series of classes intended for both the beginning and the experienced yoga student. Focus on building strength, flexibility, and balance by working the entire body. The practice of using breath work and setting intentions to improve focus will be incorporated. Minimum of 6 participants. Registration forms available at GoMaywood.org/programs

White Clover for Honey Bees ♿ ★

Tuesday, April 18 at 7pm

Free program

JoAnne Friedman, author of "White Clover for Honey Bees" shares stories of the original lawns with you through stories and songs. Learn how to have a lawn that is resistant to drought, disease, pets and traffic, never needs fertilizing, aerating, or dethatching. Meet a living creature from another kingdom that can create topsoil with a little help from its friends. Discover The Xerces Society, how we are protecting the pollinators and how easy it is for you to help too.

Earth Day at Maywood ☀️ ★

Saturday, April 22 at 9:30-11:30am or 1:30-3:30 pm

Free program

Volunteer to help us with various vital park projects as we get Maywood ready for another growing season for both flora and fauna. Projects include: staking locations for tree planting, trail repair, litter pick up, removing invasive species, and more. Participating families will be able to make a bluebird nest box to take home.

Lunch N Learn ♿

Tuesday, April 25 at Noon

Donations appreciated

Enjoy a presentation about astronomy for beginners by Randy Griffin from the Sheboygan Astronomical Society. Bring a lunch to enjoy during the presentation. Maywood will provide coffee, tea, water and dessert. Pre-registration appreciated by calling (920) 459-3906.

Preregistration Policy: Programs requesting preregistration may be cancelled if minimum number of participants is not met. Please register if you plan to attend. Call (920) 459-3906 or email us with your name, phone number and dates/names of programs you plan to attend: Maywood@sheboyganwi.gov

Weather Cancellations: Program cancellations will be posted to our online calendar and via social media.

Association Annual Meeting ✓ ♿

Wednesday, April 26 at 7 pm

Members of the Ellwood H. May Environmental Park Association of Sheboygan County are invited to attend the Association's 31st Annual Meeting. Evening includes election of board members and presentation of the President's Award.

Arbor Day Tree Planting ☀️ ★

Saturday, April 29 at 1:30 pm

Free program

Help us enhance wildlife habitats at Maywood by planting 180 trees and dozens of sprouting acorns. Volunteers should bring a shovel, gloves, water bottles, and a love for nature. Register by calling 920-459-3906.

Scoping the Skies ♿ ☀️ ★

Saturday, April 29 at 8:30 pm.

Free program

Join Sheboygan Astronomical Society members for National Astronomy Day as they turn off our outdoor lights and peer upward to look at Jupiter, the Beehive Cluster, the double star of Alcor & Mizar, and the Hercules Cluster.

MAY 2017

Team Maywood ✓ ☀️

Monday, May 1 at 5:30pm

Join us for a summer-long bicycling program designed to prepare you for long distance rides including the Maywood Earth Ride. Rides begin Monday, May 1 and run through September 11. Led by Debbie Posewitz and a team of volunteer trainers, the program includes weekly Monday evening rides with post-ride yoga, weekend rides, workshops, and more. Information about the program and a registration form can be found at <http://www.gomaywood.org/DBTprogram.htm>. Program registration is required. No drop-ins.

3rd Annual Daffodil Show ♿ ★

Saturday, May 6: 11am-5pm (public viewing)

Sunday, May 7: Noon-4pm (public viewing)

Free admission

Town and Country Garden Club, Maywood, and the Midwest Daffodil Society are working together to produce a room full of cheerful, fragrant daffodils. If you have some fresh, clean daffodils that you'd like to enter in the show, bring them to Maywood from 5:00 to 9:00 pm on Friday, May 5 or from 7:30 to 9:00 am on Saturday, May 6. You might win a blue ribbon!

Household Hazardous Waste Disposal ♿

Friday, May 12 at 1-4:30 pm.

Maywood, Veolia, and the Sheboygan County Planning and Conservation Department (SCPCD) host an annual hazardous waste and electronic disposal. Please contact SCPCD for current disposal prices and information at 920/459-3060 or visit their web site at <http://www.sheboygancounty.com/government/departments-f-q/planning-and-conservation/programs-associations/household-hazardous-waste>

7th Annual "Language of Nature" Poetry Reading and Discussion ✓ ♿

Saturday, May 20 at 10 am to Noon

Free Program. \$1 donation for printed materials appreciated.

Led by Maryann Hurtt, Georgia Ressimeyer, and Marilyn Zelke-Windau. We'll read from our own poetry and encourage you to bring 1-2 nature poems of your own, or favorites by others, to read and discuss. After the program, tours of the park will be offered, weather permitting.

Lunch N Learn ♿

Tuesday, May 23 at Noon

Donations appreciated

Seth Cutright will present on raptors. Bring a lunch to enjoy during the presentation. Maywood will provide coffee, tea, water and dessert. Pre-registration appreciated by calling (920) 459-3906.

Scoping the Skies ♿ ☀️ ★

Saturday, May 27 at 9 pm.

Free program

Sheboygan Astronomical Society members train their telescopes on Jupiter, Beehive Cluster, Double Star Alcor & Mizar, and the Hercules Cluster. Parking lot lights will be turned off for better viewing, and event may be cancelled if cloudy.

Save the Date

18th Annual

Maywood Earth Ride

September 16, 2017

Pedal for an "earth-while" cause

