

# SPRING 2018 PROGRAMS

## March \* April \* May



Maywood  
3615 Mueller Road, Sheboygan, WI 53083  
(920) 459-3906 \* [maywood@sheboyganwi.gov](mailto:maywood@sheboyganwi.gov)  
[www.GoMaywood.org](http://www.GoMaywood.org)

To register for a program, please call (920) 459-3906 or email [maywood@sheboyganwi.gov](mailto:maywood@sheboyganwi.gov)

### MARCH 2018

#### Annual Members Reception ♿ ★

**Saturday, March 3**

**1:30 pm**

Step back in time as we learn about Wisconsin's 19<sup>th</sup> century logging era through lumberjack interpreter Muskrat Mike. Discover their hard lifestyle and dangerous work conditions when each day the cry, "It's daylight in the swamp" rang out long before the sun was up. A special program for those who support Maywood through membership.

#### Sheboygan Audubon Public Program ♿ ★

**Thursday, March 8**

**7 pm**

**Free program**

It's so cold out! How do those birds survive? Dr. Sheldon Cooper of UW Oshkosh will present a program on how small birds survive Wisconsin's winters. All ages welcome.

#### Paddling Wisconsin's Spirit River:

#### The Manitowish River from Its Source to the Flambeau ♿ ★

**Tuesday, March 13**

**7 pm**

**Free program**

The Manitowish River begins at High Lake in Vilas County. It makes its way until it joins with the Bear River, where it becomes the North Fork of the Flambeau River, just before entering the Turtle Flambeau Flowage. Multiple day trip and overnight trip options make this a great trip for beginners and expert paddlers. So many options and opportunities make this an incredibly flexible paddle experience with a feel of being in the wilderness while never being too far from civilization.

#### Crane Count Training ♿

**Thursday, March 15**

**7 pm**

Getting up early is for the birds...especially on Saturday, April 14th, the date set for the 43rd Annual Midwest Crane Count sponsored by the International Crane Foundation. If you are interested in being outdoors at the crack of dawn until 7:30 a.m. to experience the wonders nature has to offer in early Spring, this Count is for you. The ICF Annual Midwest Crane Count is one of the world's largest citizen-based wildlife surveys! Learn more about being a counter by visiting ICF's website at [www.cranecount.org](http://www.cranecount.org) To learn more about helping ICF track the Eastern population of Greater Sandhill Cranes as they return to their breeding grounds in the Midwest contact Janet or Andy Raddatz (telephone 892-6335 / email [araddatz@wi.rr.com](mailto:araddatz@wi.rr.com)) or come to the organizational meeting at Maywood (in the Program Room) on (Thursday, March 15<sup>th</sup>), 6:30 - 7:30 p.m.

#### 32<sup>nd</sup> Annual Flapjack Day ♿ ★

**Sunday, March 18**

**Pancake Breakfast 9:30 am-12:30 pm**

**Free Activities 10 am-1 pm**

Join us for some sweet activities and learn about Wisconsin's rich maple sugaring history. Enjoy an all-you-care-to-eat pancake breakfast. Tickets are \$5 in advance or \$6 at the door and include pancakes and a beverage. Sausages can be purchased at the event. Kids 4 and younger eat free. Participate in free activities including maple forest and sugar house tours, kids crafts, and more. Proceeds of this event support the construction of a new outdoor education shelter.

#### Frog/Toad Training ♿

**Thursday, March 22**

**7 pm**

**Free program**

Learn the calls of Wisconsin frogs and toads and help monitor their populations. Maywood Director, David Kuckuk will describe how and why frogs and toads are monitored in Wisconsin, how we monitor in Sheboygan County, and the help needed by volunteers.

#### Lunch N Learn ♿ ★

**Tuesday, March 27**

**Noon**

**Donations appreciated**

Join us for a special spring break edition of Lunch N Learn with "Animals Entrusted to Our Care" by Wildlife of Wisconsin (WOW). Learn about the important work of WOW, meet a few patients from their facility, and find out why they needed help. Program is open to all ages. Bring your lunch to eat during the presentation. Maywood provides coffee, water, and a dessert. Reservations appreciated to assist with dessert count. Please call (920) 459-3906 to register.

### April 2018

#### A Seven Week Family Bicycle Tour Across Europe ♿ ★

**Tuesday, April 10**

**7 pm**

**Free program**

Paul and Amy Reinemann share their family adventure of biking and camping across Europe. Starting in Norway, they went through Sweden, Denmark, Germany, Netherlands, Belgium, France and finished in western Spain. They experienced many kind people, a defunct tandem wheel, a broken leg, a generous Spanish beekeeper, beautiful European towns, and a Danish guy with a gun.

#### Sheboygan Audubon Public Program ♿ ★

**Thursday, April 12**

**7 pm**

**Free program**

Rob Zimmer, local photographer and author, will speak about his work and the many amazing adventures Wisconsin provides. All ages welcome.

#### Household Hazardous Waste Disposal ♿

**Saturday, April 14**

**8-11 am**

Maywood, Veolia, and the Sheboygan County Planning and Conservation Department (SCPCD) host an annual hazardous waste and electronic disposal. Please contact SCPCD for current disposal prices and information at 920/459-3060 or visit their web site at [www.sheboygancounty.com](http://www.sheboygancounty.com).

#### Annual Woodcock Walk ☀️ ★

**Thursday, April 19**

**7:30 pm**

**Free program**

Witness the amazing courtship flight and dance of the American Woodcock. Each year this odd looking bird practices its dazzling acrobatics at Maywood. We will attempt to remain hidden among the shrubs and tall grass so as to secure a ringside seat. Wear clothes that can get dirty. A pair of binoculars may be helpful.

#### Earth Day at Maywood ☀️ ★

**Saturday, April 21**

**1:30 pm**

Providing a helping hand to our planet, participants can tackle their choice of projects including invasive species removal, litter pick up, tree planting, nest box construction, and more.

#### Scoping the Skies ♿ ☀️ ★

**Saturday, April 21**

**8:30 pm**

**Free program**

The Sheboygan Astronomical Society brings their telescopes to Maywood for public views of the heavens. Tonight's views feature the Beehive Cluster, Double Star Alcor & Mizar, Hercules Cluster and more. Program is canceled if cloudy.

#### Lunch N Learn ♿ ★

**Tuesday, April 24**

**Noon**

**Donations welcomed**

Come learn how NOURISH is empowering our community to make wholesome food choices. Bring your lunch to eat during the presentation. Maywood provides coffee, water, and a dessert. Reservations appreciated to assist with dessert count. Please call (920) 459-3906 to register.

**Association Annual Meeting** ✓ ♿

**Wednesday, April 25**

**7pm**

A review of 2017 will be presented to those attending. Elections of Association Advisory Board members will be voted on by Association members in good standing as of January 31, 2018. The President's Award will be presented. Please RSVP your attendance at (920) 459-3906 so adequate copies can be prepared.

**Arbor Day Tree Planting** ✓ ☀️ ★

**Saturday, April 28**

**1:30 pm**

Maywood will once again be planting trees to improve habitat for wildlife and your help is needed. Bring shovels and gloves, spend the amount of time you have available, and see the landscape transformed into a young forest. Please register by calling (920) 459-3906.

**MAY 2018**

**Daffodil Show** ♿ ★

**May 5 and 6**

**Saturday, May 5 Noon-5 pm (public viewing)**

**Sunday, May 6 Noon-4 pm (public viewing)**

**Free admission**

It's almost time for the fourth annual daffodil show at Maywood! Town and Country Garden Club, Maywood, and the Midwest Daffodil Society are working together to produce a room full of cheerful, fragrant daffodils. If you have some fresh, clean daffodils that you'd like to enter in the show, bring them to Maywood from 5:00 to 9:00 PM on Friday, May 4 or from 7:30 to 9:00 AM on Saturday, May 5. The show will be open to the public from 11:00 to 5:00 on Saturday, May 5 and Noon-4pm on Sunday, May 6. Admission is free.

Enter your daffodils - you might win a blue ribbon!

**Sheboygan Audubon Public Program** ♿ ★

**Thursday, May 10**

**7 pm**

**Free program**

Do you dream of visiting Kenya? Avid birder and traveler, Christine Zimmerman will lead us on a virtual bird and nature safari through beautiful Kenya. All ages welcome.

**Spring Bird Walks with Sheboygan County Audubon** ☀️ ★

**Saturday, May 12 and 19**

**7:15 am**

**Free program**

Join members of Sheboygan County Audubon for spring bird walks. View migrating and resident species. Bring binoculars or borrow from our supply. Please meet on the south deck of the Maywood Ecology Center.

**8<sup>th</sup> Annual "Language of Nature" Poetry Reading and Discussion** ♿

**Saturday, May 19**

**10 am-Noon**

**Free; \$1 donation for printed materials appreciated**

Led by Maryann Hurtt, Georgia Ressemeyer, and Marilyn Zelke-Windau. We'll read from our own poetry and encourage you to bring 1-2 nature poems of your own, or favorites by others, to read and discuss. Pre-registration preferred. After the program, tours of the park will be offered, weather permitting.

**Scoping the Skies** ♿ ☀️ ★

**Saturday, May 19**

**9:00 pm**

**Free program**

During this first quarter moon, astronomers will train their telescopes on Venus, Jupiter, and other sky phenomena and introduce participants to the many wonders found in our night skies.

**Lunch N Learn** ♿ ★

**Tuesday, May 22**

**Noon**

**Donations welcomed**

Topic TBA. Bring your lunch to eat during the presentation. Maywood provides coffee, water, and a dessert. Reservations appreciated to assist with dessert count. Please call (920) 459-3906 to register.

**ONGOING PROGRAMS & SERIES**

**Shutterbugs** ♿

**Wednesday, March 7, April 4, and May 2**

**6:30 pm**

**Free program**

Shutterbugs is an ongoing program for any photography enthusiast. Appropriate for any skill level, ages high school and older, monthly meetings include a topic and photo challenge. If you are not on our Shutterbugs email list please call Cindy at Maywood 920-459-3906 for more information and to verify meeting place and time. Please note the new start time of 6:30pm.

**O.W.L.S. – Older, Wiser, Livelier, Seniors**

**Fridays, April 6, 13, 20, 27 and May 4, 18, and 25**

**8:30 am**

**Donations welcomed**

Each 2.5 to 3 hour Friday morning session explores various natural history topics that align with seasonal phenomena. Classes are mostly outdoors with trail walking to various Maywood habitats. This program series is funded by participant donations.

**Saturday Naturalist Series** ☀️ ★

**Saturdays, April 7, 14, May 5, and 12**

**1:30 pm**

**Donations welcomed**

Each 1.5 to 2 hour session will require walking to explore parts of Maywood that are less frequently seen. New natural investigations and locations each Saturday. Footwear for wet and/or muddy conditions essential. Children must be accompanied by parent.

**SPRING YOGA CLASSES**

**Yoga Nidra** ✓

**Wednesday, March 7: 6-7 pm**

\$10 if registered by February 28; \$12 if registering after February 28

**Wednesday, March 28: 6-7 pm**

\$10 if registered by March 21; \$12 if registering after March 21

**Wednesday, May 30: 6-7 pm**

\$10 if registered by May 23; \$12 if registered after May 23

Yoga Nidra is a guided practice that elicits one of the deepest states of relaxation that can be reached while still maintaining full consciousness. Yoga Nidra is said to release the subconscious body sensations, emotions and beliefs. It is said to work on stress, insomnia, trauma, chronic pain and other physical and emotional ailments. Practicing Yoga Nidra helps you connect with your body's intrinsic wisdom of health and well-being. Yoga Nidra is best experienced while lying down with support of blankets and props. It can also be practiced sitting in a chair. Please bring a mat, two blankets, a bath towel, and a small hand towel or eye pillow. Yoga Nidra will be guided by Barbara Kultgen, RYT-200.

**Yoga for Cyclists & Athletes** ✓

**Wednesdays April 4, 11, 18, 25 and May 2, 9, 16 and 23**

**6-7:10 pm**

**\$80 if registered by March 28; \$96 if registering after March 28**

**Six class pass \$72: Pick the six class dates that work for you\***

Join registered yoga teacher Barbara Kultgen (RYT 200) for a series of classes intended for both the beginning and the experienced yoga student. The series will focus on building strength, flexibility, and balance by working the entire body with the cyclist and athlete in mind. The practice of using breath work and setting intentions to improve focus will be incorporated. Cyclists, athletes, and those who are interested in practicing yoga in a nature setting are invited to join. Minimum of 6 participants, advanced registration required.

Registration forms available at the Ecology Center or [GoMaywood.org/programs](http://GoMaywood.org/programs). Classes cancelled due to weather will be rescheduled.

\*please indicate dates you plan to attend on your registration form. You may swap dates if needed. No refund for unattended classes. Pass cannot be shared with another person.

**ICON KEY – use these icons as a quick reference for programs**

✓	Program has a registration form or requires pre-registration
♿	Program is accessible (indoors, on flat outdoor terrain, etc.). Call for specifics.
☀️	Program is weather dependent
★	Program is child and/or family friendly